

WBJH BREAKFAST

3 BREAKFAST MEAL CHOICES!

1-A FLAPSTICK W/ SYRUP OR FROOT LOOPS CEREAL GRAHAM CRACKERS PLAIN APPLESAUCE	1-B CHOCOLATE MUFFIN W/ SAUSAGE PATTY OR TRIX CEREAL GRAHAM CRACKERS Strawberry Cup	1-C SAUSAGE BISCUIT W/ JELLY OR CINNAMON TOAST CRUNCH CEREAL GRAHAM CRACKERS BANANA	1-D STRAWBERRY POP TARTS OR LUCKY CHARMS CEREAL GRAHAM CRACKERS WHOLE ORANGE	1-E BLUEBERRY WAFFLES W/ SYRUP OR TRIX CEREAL GRAHAM CRACKERS RED APPLE WDGES
2-A BREAKFAST PIZZA OR FROOT LOOPS CEREAL GRAHAM CRACKERS PEAR CUP	3-B BLUEBERRY MUFFINS W/ SAUSAGE PATTY OR APPLE JACKS CEREAL GRAHAM CRACKERS WHOLE ORANGES	2-C BREAKFAST TACO DELUXE OR COCCA PUFFS TOAST RED APPLES	2-D MINI MAPLE PANCAKES W/ SYRUP OR CHEERIOS CEREAL GRAHAM CRACKERS BANANA	2-E KOLACHE OR FROSTED FLAKES CEREAL GRAHAM CRACKERS APPLESAUCE CUP
3-A FLAPSTICK W/ SYRUP OR FROOT LOOPS CEREAL GRAHAM CRACKERS PEACH CUP	3-B SAUSAGE & EGG BISCUIT W/ JELLY OR TRIX CEREAL GRAHAM CRACKERS RED APPLES	3-C STRAWBERRY POP TARTS OR CINNAMON TOAST CRUNCH CEREAL TOAST PEAR CUP	3-D BLUEBERRY MUFFIN OR LUCKY CHARMS CEREAL GRAHAM CRACKERS WHOLE ORANGE	3-E SAUSAGE BISCUIT W/ GRAVY OR FROSTED FLAKES CEREAL GRAHAM CRACKERS MANDARIN ORANGE
4-A FRENCH TOAST STICKS W/ SYURP OR FROOT LOOPS CEREAL GRAHAM CRACKERS PEAR CUP	4-B BLUEBERRY PANCAKES W/ SYRUP OR APPLE JACKS CEREAL GRAHAM CRACKERS STRAWBERRY CUP	4-C EGGSTRAVAGNZA W/ TOAST OR COCCA PUFFS CEREAL TOAST APPLESAUCE CUP	4-D CHICKEN BISCUIT OR CHEERIOS CEREAL GRAHAM CRACKERS BANANA	4-E BREAKFAST PIZZA OR TRIX CEREAL GRAHAM CRACKERS PEACH CUP

ALL BREAKFAST MEALS INCLUDE

100% FRUIT JUICE* FRUIT OF THE DAY*** MILK VARIETY**

For a complete breakfast meal students must take at least 3 food items one of which must be a fruit or vegetable.
Ala carte prices will be charged for individual items if a complete meal is not taken.

Check out the CBISD website cbisd.com for nutritional information,
My School Bucks Online payments, menus, promotions and Online Free/Reduced Meal Applications!

Breakfast is at no cost to West Brazos Junior High students!
Adults Breakfast \$2.25

**Breakfast cycle dates correspond
with Lunch cycles dates.**

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MENUS ARE SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY OR PROMOTIONS

Columbia-Brazoria ISD

WEST BRAZOS JR. HIGH



2022-2023

MENU

LUNCH PRICES
STUDENT LUNCH PRICE \$3.15
ADULT LUNCH PRICE \$4.50

WBJH

Every Day Entrée Choices:
1. PLATE LUNCH (yellow)
2. ROUSTABOUT PIZZERIA (blue)
3. BIG BOUT BOX (orange)

CYCLE 1	ENTRÉE CHOICE	1-A	1-B	1-C	1-D	1-E
Aug . 18-19 Sept . 12-16 Oct . 11-14 Nov. 7-11 Dec. 12-15 Jan. 23– 27 Feb. 21-24 Mar. 27-31 Apr. 24-28 May 22-25	PLATE LUNCH	CHICKEN TENDERS W/ CREAM GRAVY & ROLL	CRISPY TACO W/PICANTE SAUCE & SOUR CREAM	CHOPPED BBQ SANDWICH	CHICKEN DRUMSTICK W/ ROLL	CHEESEBURGER
	ROUSTABOUT PIZZERIA	4 MEAT PIZZA	PEPPERONI PIZZA	GARLIC DIPPING STICK W/ MARINARA	GARLIC STICKS W/ MARINARA	CHEESE PIZZA
	BIG BOUT BOX	STEAK NUGGETS W/ HOT ROLL & COUNTRY GRAVY	SPICY WINGS W/ RANCH	EGG ROLL W/ SWEET SOUR SAUCE	CRISPY TACOS W PICANTE SAUCE	FISH STICK BASKET
	SIDES <small>(goes with all entrée choices)</small>	WHIPPED POTATOES CAROTEENIES W/ RANCH DIP PEAR CUP	SHRED LETTUCE&TOMATOES PINTO BEANS STRAWBERRY CUP	BROCCOLI WINTERBLEND CUCUMBER&TOMATO W/RANCH BANANA	GREEN BEANS POTATO ROASTERS ORANGE SMILEYS	FRENCH FRIES BURGER VEGGIES RED APPLES
CYCLE 2	ENTRÉE CHOICE	2-A	2-B	2-C	2-D	2-E
Aug. 22-26 Sept. 19-23 Oct . 17-21 Nov. 14-18 Jan.4-6 Jan.30-Feb. 3 Feb. 27-Mar. 3 Apr. 3-6 May 1-6	PLATE LUNCH	CHICKEN PATTY W/GRAVY & DINNER ROLL	ASIAN CHICKEN W/ FORTUNE COOKIE	CHILI CHEESE FRIES	CHICKEN FRIED STEAK W/ BUTTERED ROLLS & GRAVY	FRITO PIE
	ROUSTABOUT PIZZERIA	CHEESE PIZZA	PEPPERONI PIZZA	GARLIC DIPPING STICK W/ MARINARA	PEPPERONI PIZZA	4 MEAT PIZZA
	BIG BOUT BOX	BEEF & CHEESE BURRITO PICANTE SAUCE JALAPENO	CHICKEN PANINI W/ MARINARA	BACON CHEESEBURGER MAYO OR MUSTARD	CRISPITO W/ CHEESE SAUCE	SPICY WINGS W/ RANCH
	SIDES <small>(goes with all entrée choices)</small>	BABY BAKER TATORS SPINACH PEAR CUP	MIXED VEGETABLES TOSSED SALAD W/ RANCH ORANGE WEDGES	GREEN BEANS CARROT TEENIE W/ RANCH STRAWBERRY CUP	WHIPPED POTATOES CORN NIBLETS SLICED CUCUMBERS W/ RANCH BANANA	POTATO WEDGES RANCHERO BEANS VEGGIE STICS W/ RANCH PLAIN APPLESAUCE
CYCLE 3	ENTRÉE CHOICE	3-A	3-B	3-C	3-D	3-E
Aug .29-Sept.2 Sept . 26-30 Oct. 24-28 Nov.28-Dec. 2 Jan. 9-13 Feb 6-10 Mar .6-10 Apr. 10-14 May 8-12	PLATE LUNCH	CHICKEN NUGGETS W/ BUTTERED ROLL & GRAVY	CORN DOG W/ CHIPS	CHILI CHEESE ENCHILADAS W/ SALSA CUP	CHILI MAC W/TEXAS TOAST	STEAK SANDWICH
	ROUSTABOUT PIZZERIA	CHEESE PIZZA	PEPPERONI PIZZA	GARLIC DIPPING STICKS- MARINARA	PEPPERONI PPIZZA	CHEESE PIZZA
	BIG BOUT BOX	FISH SANDWICH W/ TARTER SAUCE	BEEF & CHEESE BURRITO	SPICY WINGS W/ RANCH	EGG ROLLS W/ SWEET SOUR SAUCE	CHICKEN TAMALES W/CHEESE DIPPER CUP
	SIDES <small>(goes with all entrée choices)</small>	BROCCOLI & CHEESE SCALLOPED POTATOES PEACH CUP	BAKED BEANS TOSSED SALAD W/ RANCH RED APPLES	SPANISH RICE REFRIED BEANS PEAR CUP	PEAS & CARROTS SLICED CUCUMBERS W/ RANCH ORANGE SLICES	BURGER VEGGIE CUP FRENCH FRIES W/ KETCHUP MANDARIN ORANGES
CYCLE 4	ENTRÉE CHOICE	4-A	4-B	4-C	4-D	4-E
Sept .6-9 Oct . 3-7 Oct .31-Nov.4 Dec . 5-9 Jan . 17-20 Feb. 13-17 Mar .20-24 Apr .17-21 May 15-19	PLATE LUNCH	POPCORN CHICKEN W/GRAVY & ROLL	STEAK FINGERS W/ ROLLS & CREAM GRAVY	ASIAN TANGARINE CHICKEN W/ SWEET SOUR SAUCE	CHICKEN TAMALES W/TORTILLA ROUND & SALSA CUP	CHICKEN PATTY W/KETCHUP
	ROUSTABOUT PIZZERIA	CHEESE PIZZA	PEPPERONI PIZZA	GARLIC DIPPING STICKS- MARINARA	PEPPERONI PIZZA	PEPPERONI PIZZA
	BIG BOUT BOX	CHEESEY NACHOS W/ JALAPENOS	CHILI CHEESE DOG	BAHA FISH STICKS W/ GOLD FISH CRACKERS & TARTAR SAUCE	FRITO PIE	BEEF & CHEESE BURRITO
	SIDES <small>(goes with all entrée choices)</small>	CARROT COINS CUCUMBER SLICES W/ RANCH APPLESAUCE CUP	WHIPPED POTOATOES TOSSED SALAD W/ RANCH GREEN BEANS STRAWBERRY CUP	BROCCOLI WINTER BLEND VEGGIE STICKS W/ RANCH PLAIN APPLESAUCE	MEXICALI CORN SHRED LETTUCE & TOMATO SLICED JALAPENOS BANANA	FRENCH FRIESW/ KETCHUP PINTO BEANS TOSSED SALAD W/ RANCH PEACH CUP

ROUSTABOUT LUNCH

3 Entrée Choices every day!

PLATE LUNCH
Hot Traditional Homestyle Meal

ROUSTABOUT PIZZERIA
Sliced Pizza Variety

BIG BOUT BOX
Grab-N-Go Deli Box

Choose 1 entrée from the 3 entrée choices above.

Each entrée includes
ALL available sides
PLUS milk variety choice

For a complete LUNCH meal students must take at least 3 components, one of which must be a vegetable or fruit side dish. Students *may take all* offered components within each meal grouping.. Ala carte prices will be charged for individual items if a complete meal is not taken.